# Learning Folder Polines



Lavinia Pop

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**PRINTING TIP** This resource has been designed for printing on A4-sized paper. If you are printing on a different size, select "shrink to printable area" or "print to fit page" (or a similar option) in order for the contents of this unit to print correctly.

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## Introduction

#### About this book

This book contains an editable home routine for use with preschoolers. Included are 80 editable cards for self-care, jobs/chores and activities. There are also 3 routine mats for morning, afternoon and evening.

#### **Directions for preparation**

Edit the cards following the directions below. Print and laminate the pages for durability, then cut the cards apart. Attach velcro dots to the back of each card and the lightened boxes on the routine mats.

#### **Directions for editing**

- 1. Please make sure you have the latest version of Adobe Reader installed on your computer. You can get it here: https://get.adobe.com/reader/
- 2. Simply type your desired wording on the editable fields on the routine mats and cards located on pages 14-21.

<u>RICH TEXT DOCUMENT:</u> This file will enable you to edit the font type and size. Enter the field you wish to edit and press CTRL + E. This will open an editing toolbox.

Happy Teaching:)

## Cards included:

#### **SELF CARE**

wake up go to the toilet wash my hands wash my face brush my teeth do my hair get dressed take a shower have a bath put socks on put shoes on put jacket on put pajamas on put raincoat on put pants on put top on put hat on put sweater on take a nap go to sleep

#### **MEAL TIME: EATING & JOBS**

eat breakfast eat lunch eat dinner eat snack eat fruit eat vegetables eat dessert take vitmains drink water drink milk put dishes in the sink wash the dishes load the dishwasher unload the dishwasher clean the table clean the chair sweep the floor set the table take garbage out help with the groceries

#### **AROUND THE HOUSE: JOBS**

make my bed put my clothes away put toys away water the plants get the mail pack my bag unpack my bag pack my lunchbox do my homework do my reading vacuum feed pet dust clean the toilet rake the leaves put clothes in the hamper fold towels wash windows clean out the car clean the mirror

#### **ACTIVITIES**

go to school go to church go to the playground go the grocery store go to the library art & craft time cooking time music time play time story time sport time coloring time playdough time screen time quiet play time go to the park ao for a walk go for a drive visit someone prayer time



