Food P 3 = 5



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PRINTING TIP This resource has been designed for printing on A4-sized paper. If you are printing on a different size, select "shrink to printable area" or "print to fit page" (or a similar option) in order for the contents of this unit to print correctly.

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Introduction

About this book

This book contains a collection of Food themed printable activities for use with children in Preschool, Pre-Kindergarten, Transitional Kindergarten and Kindergarten (Prep).

Directions for use

Following is an outline of the activities included in this unit and suggestions for preparation and use.

1. Kids eating food fine motor practice mats (5 mats)

To prepare the mats for use, print and then laminate them for durability. You will need to supply children with pom-poms, gems, buttons, beads, beans or other small objects that will fit inside the circles.

The aim of this activity is for children to place a small object in each of the circles.

2. Food Write and Wipe pre-writing tracing practice (9 cards)

To prepare the pre-writing tracing cards for use, print and then laminate them for durability. The cards can be kept in a book-like format by making a hole in the top left corner and securing together with a key ring or a pipe-cleaner.

Using a white board (dry-erase) marker, children are required to trace the lines on the card starting on the left and progressing towards the right.

Other ideas: have children trace the path on a given card using play dough, pipe cleaners, yarn or sequins.

3. Food alphabet tracing practice - upper and lower case (26 cards)

To prepare the alphabet tracing cards for use, print and then laminate them for durability. The cards can be kept in a book-like format by making a hole in the top left corner and securing together with a key ring or a pipe-cleaner.

Children use a white board (dry-erase) marker to trace the letters on the card, following the directional arrows.

Other ideas: have children trace the letters on a given card using play dough, pipe cleaners, yarn or sequins.

4. Peanut butter and jelly sandwich upper and lower case match (26 cards)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces.

The aim of this activity is for children to identify and match the upper case letters on the peanut butter and the lower case letters on the jelly.

Other ideas: children can use the cards to practice tracing the letters, or put them together to build their name or other words.

5. Pancake beginning sounds match (26 pages)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces.

The aim of this activity is for children to sort all the pancakes to the pancake with the matching beginning sound.

6. Ice cream rhyming match (10 cards)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces.

Children say the word for each picture on the ice cream scoops and match them to the cone with the rhyming picture.

7. Pea CVC word and picture match (35 cards)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces. You will need to supply children with clothes pegs or paper clips for this activity in order for them to show their answers.

Children read the word on the card and then clip a peg on the matching picture.

8. Cookie sight words matching (40 pre-primer sight words cards)

To prepare the activity for use, print all the pages, laminate them for durability and then cut out the cards.

Children read the words on the cookies and sort them to the matching cookie jar.

Other ideas: Children can spell the words using Scrabble letters, magnetic letters, mini alphabet erasers, play dough, or simply write the word with an erasable marker.

9. Food number tracing cards 1-10 (10 cards)

To prepare the number tracing cards for use, print and then laminate them for durability. The cards can be kept in a book-like format by making a hole in the top left corner and securing together with a key ring or a pipe-cleaner.

Children use a white board (dry-erase) marker to trace the number on the card, following the directional arrows.

Other ideas: have children trace the letters on a given card using play dough, pipe cleaners, yarn or sequins. Use the cards as counting cards: make a hole at the bottom of each card and thread a pipe cleaner through; have children string beads on the pipe cleaner to show how many. Children can also use play dough to show how many.

10. Ice cream scoop counting 1-10 (5 pages)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces.

The aim of this activity is for children to count out the number of ice cream scoops shown on each cone and place them accordingly. Children can also use play dough balls instead of the ice cream scoops included.

11. Cookie number sense 1-10 (10 pages)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces.

The aim of this activity is for children to identify and match all the number representations on the cookies to the correct cookie jar. Introduce only a couple of numbers to begin with and, once children are familiar with the activity and have gained confidence, more numbers can be added.

Other ideas: glue the cookies on to clothes pegs to make it a fine motor building activity.

12. Fruit and vegetables ordering by size: large, medium, small

To prepare the activity for use, print and then laminate the page for durability. Cut out all the construction vehicles. Attach transparent velcro to the front and back of each piece of fruit and vegetable to make it easier for children to keep the pieces together (optional).

The aim of this activity is for children to arrange the fruits and vegetables from smallest to largest by placing them one on top of the other.

13. Spaghetti and meatballs shape matching (10 shapes)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces. Attach transparent velcro to each meatball to make it easier for children to keep the pieces together (optional).

The aim of this activity is for children to identify the shape on each meatball and place it on the matching bowl of spaghetti.

Other ideas: glue the cookies on to clothes pegs to make it a fine motor building activity.

14. Fruit and vegetable to crate color matching (10 colors)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces. Attach transparent velcro to the back of each piece of fruit and vegetable to make it easier for children to keep the pieces together (optional).

The aim of this activity is for children to identify and match all the fruits and vegetables to the correct color crate. You may also like to provide children with objects from your home or classroom and ask them sort them to the corresponding color crates.

Other ideas: glue the fruits and vegetables on to clothes pegs to make it a fine motor building activity.

15. Which picture is different? food theme (4 cards)

To prepare the cards for use, print, laminate them for durability and then cut them apart. You will need to supply children with clothes pegs or paper clips for this activity in order for them to show their answers.

The aim of this activity is for children to clip a peg on the picture that is different.

16. What doesn't belong? food theme (4 cards)

To prepare the cards for use, print, laminate them for durability and then cut them apart. You will need to supply children with clothes pegs or paper clips for this activity in order for them to show their answers.

The aim of this activity is for children to clip a peg on the picture that doesn't belong.

17. Sorting fruits and vegetables (4 cards)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces. Attach transparent velcro to the back of each piece of fruit and vegetable to make it easier for children to keep the pieces together (optional).

The aim of this activity is for children to identify and match all the fruits and vegetables to the correct crate. You may also like to provide children with fruit and vegetables from your home or classroom and ask them sort them to the corresponding crates.

Other ideas: glue the fruits and vegetables on to clothes pegs to make it a fine motor building activity.

18. Food sequencing cards: Making Pizza (4-part sequencing)

To prepare the cards for use, print, laminate them for durability and then cut them apart. Attach velcro to the back of each picture and box (optional).

The aim of this activity is for children to order the cards to show the sequence of making a pizza.

19. Fruit and vegetables AB patterns (5 cards)

To prepare the cards for use, print, laminate them for durability and then cut them apart. Attach the pictures cut out from the bottom of the page to the end of a clothes peg using a hot glue gun to make this a fine motor building activity. Alternatively, you can use velcro.

The aim of this activity is for children to identify the pattern on the cards and to clip the correct picture in the empty box to complete the pattern.

20. Fruit and vegetables shadow matching (16 card pairs)

To prepare the activity for use, print and then laminate the pages for durability. Cut out all the pieces.

The aim of this activity is for children to match the pictures to their shadows.

Happy Teaching:)



Fine Motor Practice





































































































































