

penguins

CIRCLE TIME

5
LESSONS

circle time plan | original song | activities | printables

Printable activity sheets including:

- Help the Penguin:** Use different colors to help the penguin find its way.
- Tracing a Penguin:** Trace the lines and color the penguin.
- What Belongs in the Penguin:** Circle the things that belong in the penguin's habitat.
- Penguin Shadows:** Cut out the pictures and paste them on the corresponding shadow.
- Penguin Life Cycle:** Cut out the pictures and paste them on the corresponding stage.

5 Penguins on the Move
Tune: Row, Row, Row Your Boat

Waddle, waddle, side to side,
Penguins short and stout.
Slide on ice, isn't it nice?

4 Penguins on the Move
Tune: Row, Row, Row Your Boat

Eggs, eggs, penguin eggs,
Daddy keeps them warm.

3 Penguins on the Move
Tune: Row, Row, Row Your Boat


Swim, swim, swim around,
In the ocean blue.

2 Penguins on the Move
Tune: Row, Row, Row Your Boat

Cold, cold, icy land,
That's where penguins stay.

1 Penguins on the Move
Tune: Row, Row, Row Your Boat

Waddle, waddle, side to side,
Penguins on the snow.
Black and white, such a sight,
Everywhere they go!




Emperor Penguin
Emperor penguins are the largest penguins in the world! They live in Antarctica and can grow up to 4 feet tall. Their thick feathers and a layer of blubber keep them warm in the freezing cold. These penguins are excellent swimmers and dive deep into the ocean to catch fish, squid, and krill. Daddy penguins are amazing caregivers—they keep their eggs safe and warm on their feet until the chicks hatch.



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Penguins

PRESCHOOL CIRCLE TIME

5 lesson plans | original song | activities | printables


Printable activity sheets for preschoolers:

- Help the Penguin:** Use different colors to trace the lines and color the penguin.
- Tracing a Penguin:** Trace the lines and color the penguin.
- What Belongs in the Penguin:** Circle the things that belong in the penguin's diet (fish, squid, krill).
- Penguin Shadows:** Cut out the pictures and paste them on the corresponding shadow.
- Penguin Life Cycle:** Label the stages: adult, fledgling, chick, egg.

5 Penguins on the Move

Tune: Row, Row, Row Your Boat


Waddle, waddle, side to side,
Penguins short and stout.
Slide on ice, isn't it nice?
Watch them all about!



4 Penguins on the Move

Tune: Row, Row, Row Your Boat


Eggs, eggs, penguin eggs,
Daddy keeps them warm.
Safe and snug, with a hug,
Through the icy storm!



3 Penguins on the Move

Tune: Row, Row, Row Your Boat


Swim, swim, swim around,
In the ocean blue.
Catch a fish, tasty dish,
That's what penguins do!



2 Penguins on the Move

Tune: Row, Row, Row Your Boat


Cold, cold, icy land,
That's where penguins stay.
Snow and ice, oh so nice,
Where they love to play!



1 Penguins on the Move

Tune: Row, Row, Row Your Boat

Waddle, waddle, side to side,
Penguins on the snow.
Black and white, such a sight,
Everywhere they go!




Thank you for downloading this product; I hope you will enjoy using it and that it will be a valuable resource for you! I value your feedback, so please don't hesitate to contact me if you have any concerns whatsoever as I will endeavour to address them. And if you like what I've done, please let me know by leaving feedback at my online store :)

Lavinia

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ILLUSTRATIONS Kari Bolt, Erin Colleen Design, Little Red, Whimsy Clips, PartyHead Graphics, Ramona Majdis, Zip-a-Dee-doo-dah-Designs, Bunny on a Cloud, Krista Wallden - Creative Clips, Creating4 the Classroom, Rainbow Sprinkle Studio - Sasha Mitten, First Class Clipart, ClipArtisan, Muggy Studio

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PRINTING TIP This resource has been designed for printing on A4-sized paper. If you are printing on a different size, select "shrink to printable area" or "print to fit page" (or a similar option) in order for the contents of this unit to print correctly.

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Introduction

Dive into the fascinating world of penguins with this fun and educational preschool circle time plan! Each day, preschoolers will explore different aspects of these amazing birds—from how they look and where they live to how they care for their chicks and move around. Through engaging discussions, read-aloud stories, interactive songs, and hands-on activities, children will discover what makes penguins so unique. With creative crafts, sensory play, and movement games, this plan is designed to spark curiosity and excitement while supporting important early learning concepts. Perfect for a winter-themed week or a study of animals that live in cold habitats!

What's Included:

1. Detailed Circle Time plans

Each day of the week is planned with a structured circle time agenda that includes:

- *Introduction:* A brief and captivating introduction to the daily theme, setting the stage for the day's activities.
- *Song:* A fun and educational song related to the daily theme, designed to engage children and reinforce learning through music and movement.
- *Read aloud and discussion:* A carefully selected picture book paired with thought-provoking discussion questions to enhance comprehension and encourage interaction.
- *Activities:* Creative and hands-on activities that complement the day's theme, fostering gross and fine motor skills, creativity, and critical thinking.

2. Posters and props

Enhance Circle Time with visual and tactile aids:

- *Posters:* Vibrant posters featuring the lyrics and illustrations for each daily song, making it easy for children to follow along and participate. The product also includes non-fiction posters, providing educational content alongside the fun.
- *Props:* Printable props related to each song and theme help bring the songs and stories to life and engage children in interactive play.

3. Printables for all activities:

Not all days include activities that require printables. However, optional printables are included for each day if you would like to use them. They include:

- Group activity printables
- Worksheets
- Craft templates

Why You'll Love This Resource:

- **Comprehensive and convenient learning:** A complete week of themed learning activities and resources in one packet.
- **Easy to use:** Detailed plans, printables, and props make it straightforward to create a dynamic and engaging circle time experience.
- **Educational and entertaining:** Each component is designed to be both educational and fun, keeping children excited and involved.

Happy Teaching :)

Penguins

	Objective	Read Aloud	Activity
Day 1	Children will learn basic facts about penguins, including their appearance and behaviors.	<p>Book: "Penguins!" by Anne Schreiber</p> <p>Discussion: How penguins look. Why they have feathers if they don't fly. Interesting facts children learned from the book.</p>	<p>Penguin Color Match Children will sort penguins by color to different mats.</p> <p>Materials: Printable color mats, printable colored penguins.</p>
Day 2	Children will explore the habitats of penguins and understand how they survive in cold climates.	<p>Book: "If You Were A Penguin" by Wendell and Florence Minor</p> <p>Discussion: Where penguins live. How they stay warm in cold weather. Penguin bodies.</p>	<p>Penguin Habitat Craft Children will create a penguin habitat with a penguin cut out.</p> <p>Materials: Printable penguin template, tissue paper squares (shades of blue, white, gray), glue.</p>
Day 3	Children will learn about penguins' diet and how they hunt for food.	<p>Book: "Little Penguin and the Lollipop" by Tadgh Bentley</p> <p>Discussion: What penguins eat in real life. What Little Penguin did to make things right with his friend.</p>	<p>Feed the penguin Children will feed the penguin fish in numerical order.</p> <p>Materials: Printable penguin, printable fish cutouts with numbers</p>
Day 4	Children will discover how penguins care for their eggs and chicks.	<p>Book: "The Emperor's Egg" by Martin Jenkins</p> <p>Discussion: How father penguin takes care of the egg. What happens when the egg hatches. How parents care for the chick.</p>	<p>Egg Balance Relay Children will take turns shuffling along the course while balancing a ball.</p> <p>Materials: Plastic eggs or small balls, cones or tape for marking a course</p>
Day 5	Children will explore the different ways penguins move, such as waddling, sliding, and swimming.	<p>Book: "Penguins, Penguins, Everywhere!" by Bob Barner</p> <p>Discussion: How penguins move. What they use to help them swim in the water.</p>	<p>Penguin Freeze Dance Children will dance like penguins to the music and freeze when the music stops.</p> <p>Materials: Music player with upbeat music</p>

Penguins

Day 2: Where Do Penguins Live?

Children will explore the habitats of penguins and understand how they survive in cold climates.

Introduction

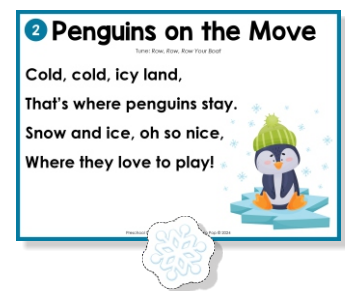
Use a globe or map to show where Antarctica is located. "Today, we're going to talk about where penguins live. Penguins live in a very cold place called Antarctica. Let's look at this map and find it! Antarctica is covered in ice and snow. Penguins have special feathers and a thick layer of fat called blubber to keep them warm. And when it's really cold, they huddle together with their friends to stay cozy. How do you stay warm when it's cold?"

Song

"Penguins on the Move" (Tune: "Row, Row, Row Your Boat") Verse 2

Prop: Snowflake

Action: 1. Hug yourself and shiver to show how cold it is.
2. Wave hands around to mimic falling snow.

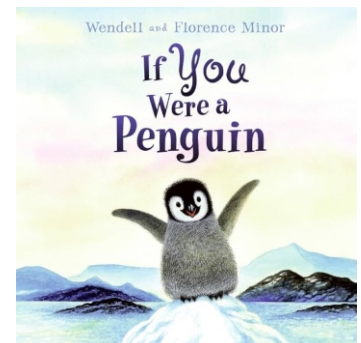


Read Aloud & Discussion

Book: "If You Were A Penguin" by Wendell and Florence Minor

Before Reading: "The title of this book is If You Were a Penguin. What do you think it would be like to be a penguin? Where do you think penguins live? What kind of place do they need to survive?"

After Reading: "What kinds of places did the book show where penguins live? How do penguins stay warm in cold weather? What did you notice about their bodies? If you were a penguin, where would you want to live and why?"



Activity

Penguin Habitat Craft

Materials: Printable penguin template to be colored, cut, and assembled by children, colored tissue paper squares (shades of blue, white, and gray), white cardstock, glue, scissors.

Instructions: Children will create a penguin habitat background by gluing blue, white, and gray tissue paper squares onto a piece of cardstock to represent ice, snow, and water. Next, they will color, cut, and assemble a penguin using the printable template provided, then glue it onto their completed habitat.

Extension: Allow children to use different materials like cotton balls for snow, foil for ice, or glitter for frosty effects. Discuss how these materials represent real features of the habitat.

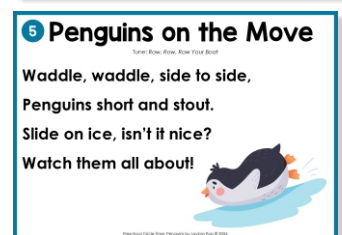
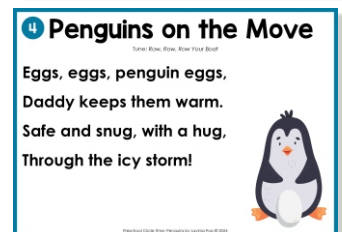
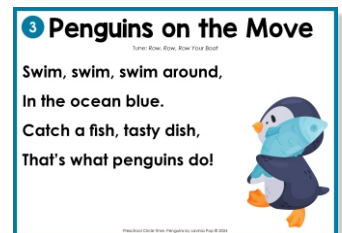
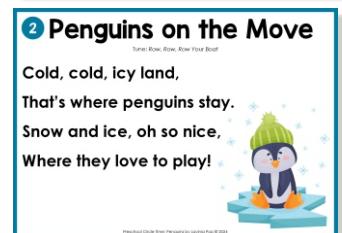
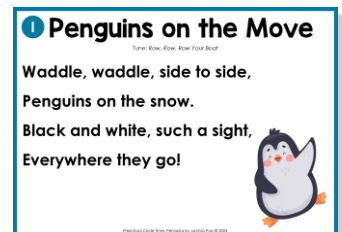
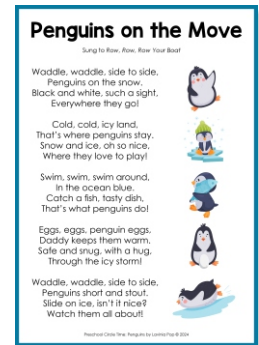


Penguins

Circle Time Song Posters and Props

This section includes all song posters and props.

- Penguins complete song poster
- Penguins verse song posters (set of 5)
- Penguin prop
- Snowflake prop
- Fish prop
- Egg prop



Penguins on the Move

Sung to *Row, Row, Row Your Boat*

Waddle, waddle, side to side,
Penguins on the snow.
Black and white, such a sight,
Everywhere they go!



Cold, cold, icy land,
That's where penguins stay.
Snow and ice, oh so nice,
Where they love to play!



Swim, swim, swim around,
In the ocean blue.
Catch a fish, tasty dish,
That's what penguins do!



Eggs, eggs, penguin eggs,
Daddy keeps them warm.
Safe and snug, with a hug,
Through the icy storm!



Waddle, waddle, side to side,
Penguins short and stout.
Slide on ice, isn't it nice?
Watch them all about!

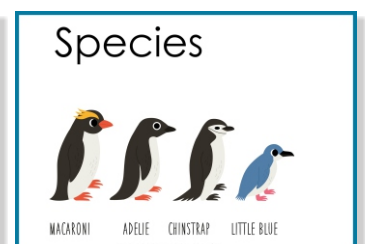
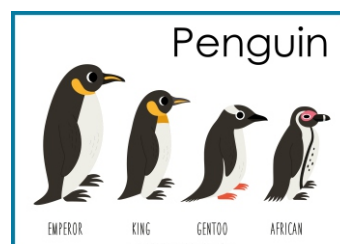
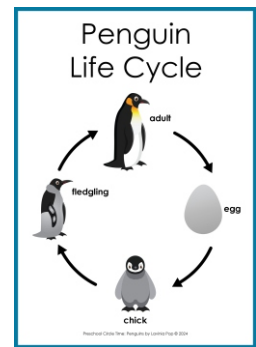
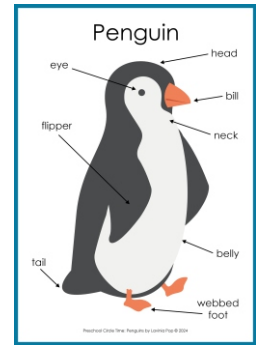


Penguins

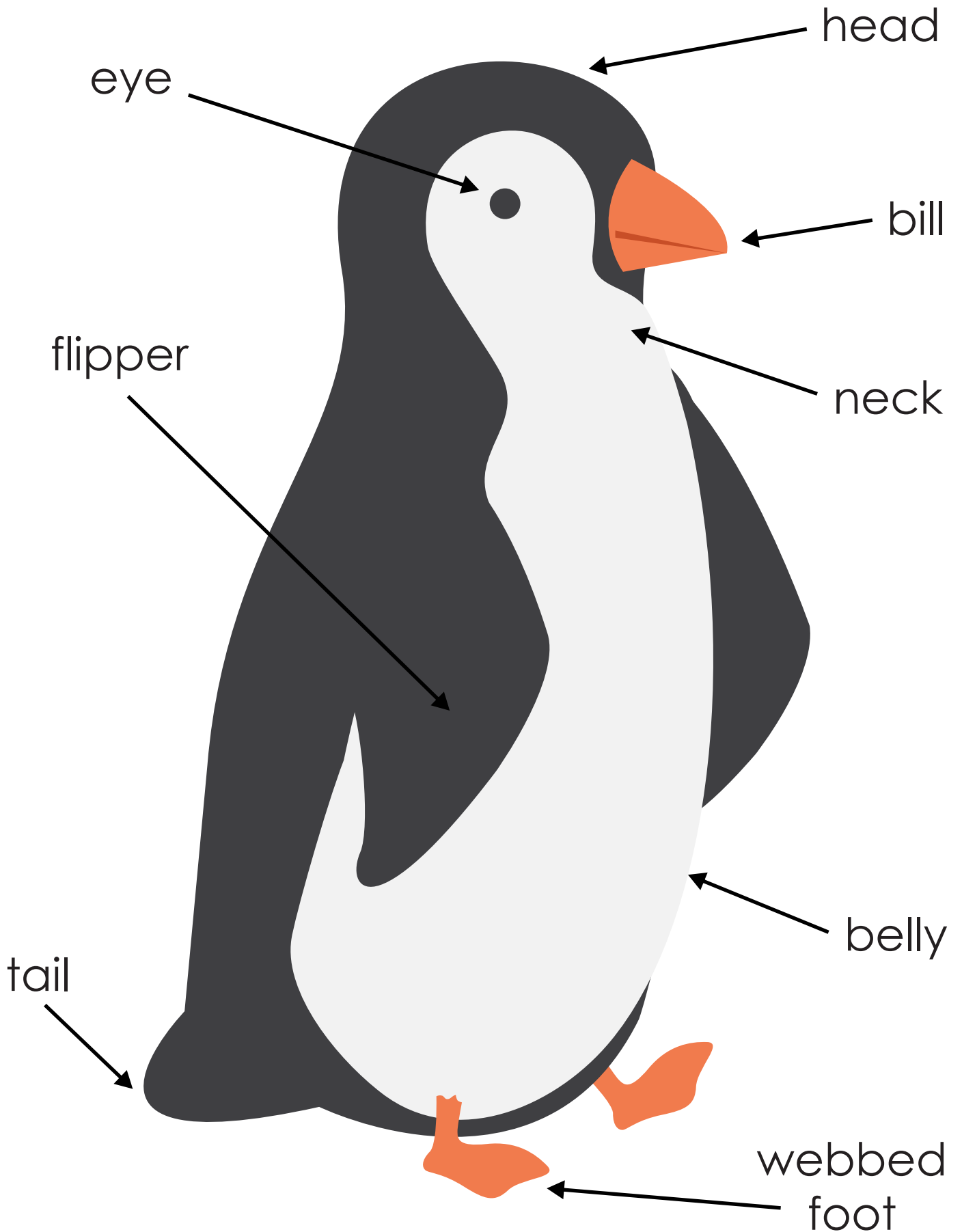
Classroom Posters

This section includes posters you might like to display in your classroom.

- Penguin Parts
- Penguin Life Cycle
- Penguin species posters (informational):
 - Emperor
 - Adelie
 - Chinstrap
 - Gentoo
 - Little Blue
 - Rockhopper
 - African
 - Erect-Crested
 - Fiordland
 - Galapagos
 - Humboldt
 - King
 - Macaroni
 - Magellanic
 - Snares
 - Yellow-Eyed
- World Penguins
- Penguin Species (height order)



Penguin





Emperor Penguin

Emperor penguins are the largest penguins in the world! They live in Antarctica and can grow up to 4 feet tall. Their thick feathers and a layer of blubber keep them warm in the freezing cold. These penguins are excellent swimmers and dive deep into the ocean to catch fish, squid, and krill. Father penguins are amazing caregivers—they keep their eggs safe and warm on their feet until the chicks hatch.



Adélie Penguin

Adélie penguins are small but mighty! These playful penguins live along the coasts of Antarctica, where they build nests out of stones. Adélies are fast swimmers and use their strong beaks to catch krill and fish. Their black-and-white feathers help them blend into their icy surroundings, keeping them safe from predators like seals.

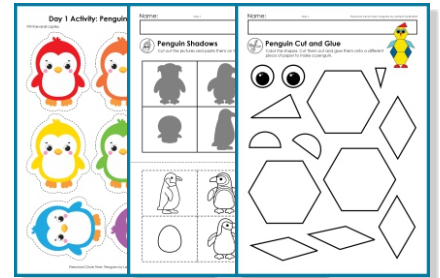
Penguins

Activities & Worksheets

This section includes all the necessary lesson printables, along with some additional activities and worksheets. You can use these pages as outlined in the lesson plan or on different days, depending on your needs.

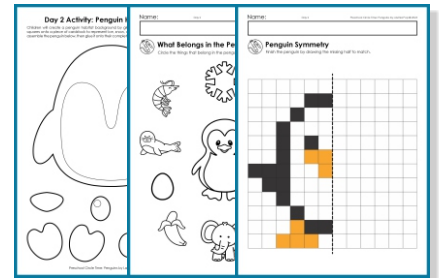
Day 1: What Are Penguins?

- **Lesson Activity:** Penguin Color Sort
- *Worksheet:* Penguin Shadow Match
- *Worksheet:* Penguin Cut and Glue



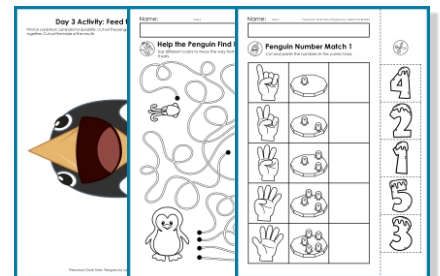
Day 2: Where Do Penguins Live?

- **Lesson Activity:** Penguin Habitat Craft
- *Worksheet:* What Belongs in Penguins Habitat
- *Worksheet:* Penguin Symmetry



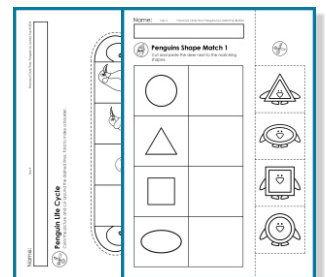
Day 3: What Do Penguins Eat?

- **Lesson Activity:** Feed the Penguin
- *Worksheet:* Help the Penguin Find Food
- *Worksheet:* Penguin Number Match (2 pages)



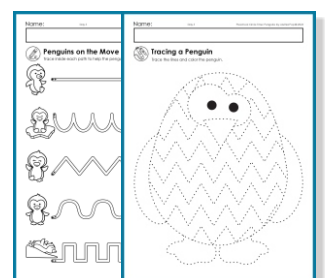
Day 4: Penguin Families

- *Worksheet:* Penguin Life Cycle
- *Worksheet:* Penguin Shape Match (2 pages)



Day 5: How Penguins Move

- *Worksheet:* Penguins on the Move
- *Worksheet:* Tracing a Penguin



Name:

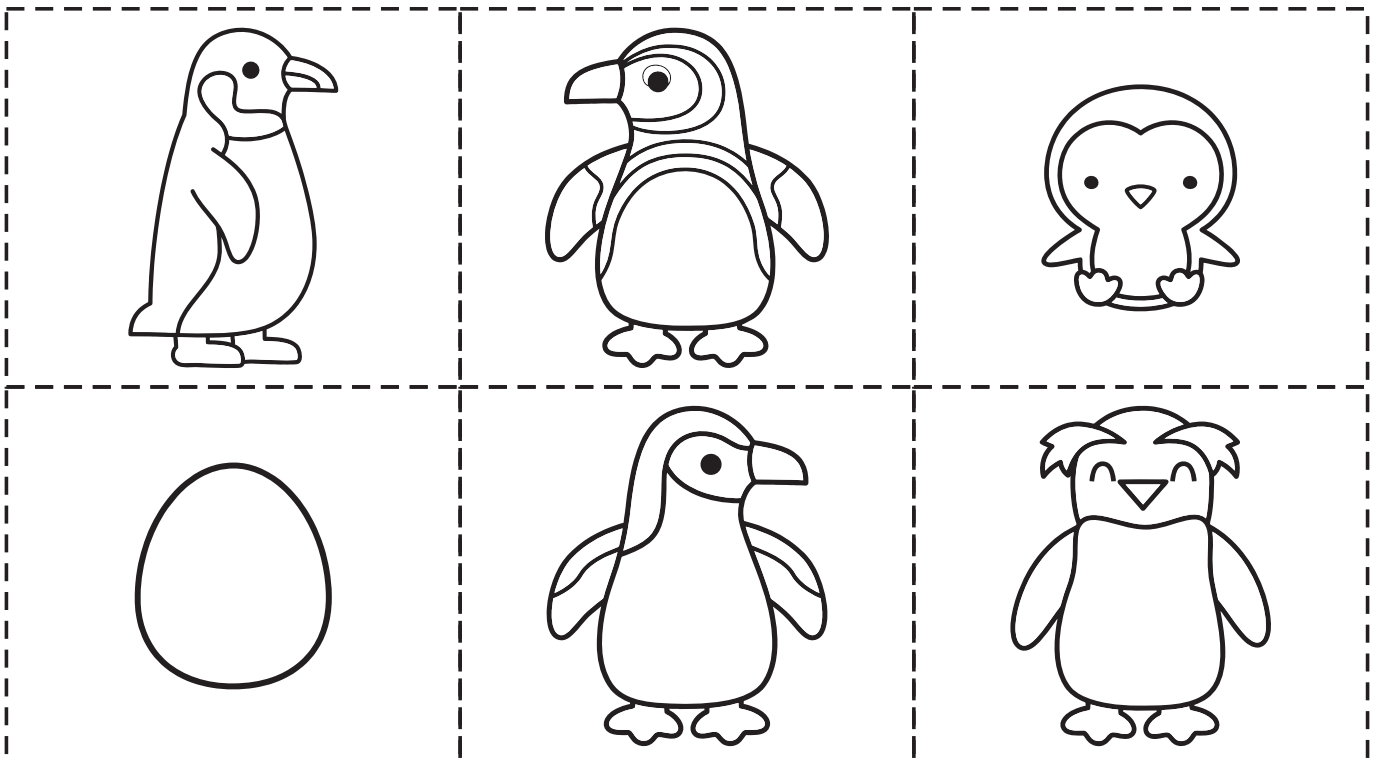
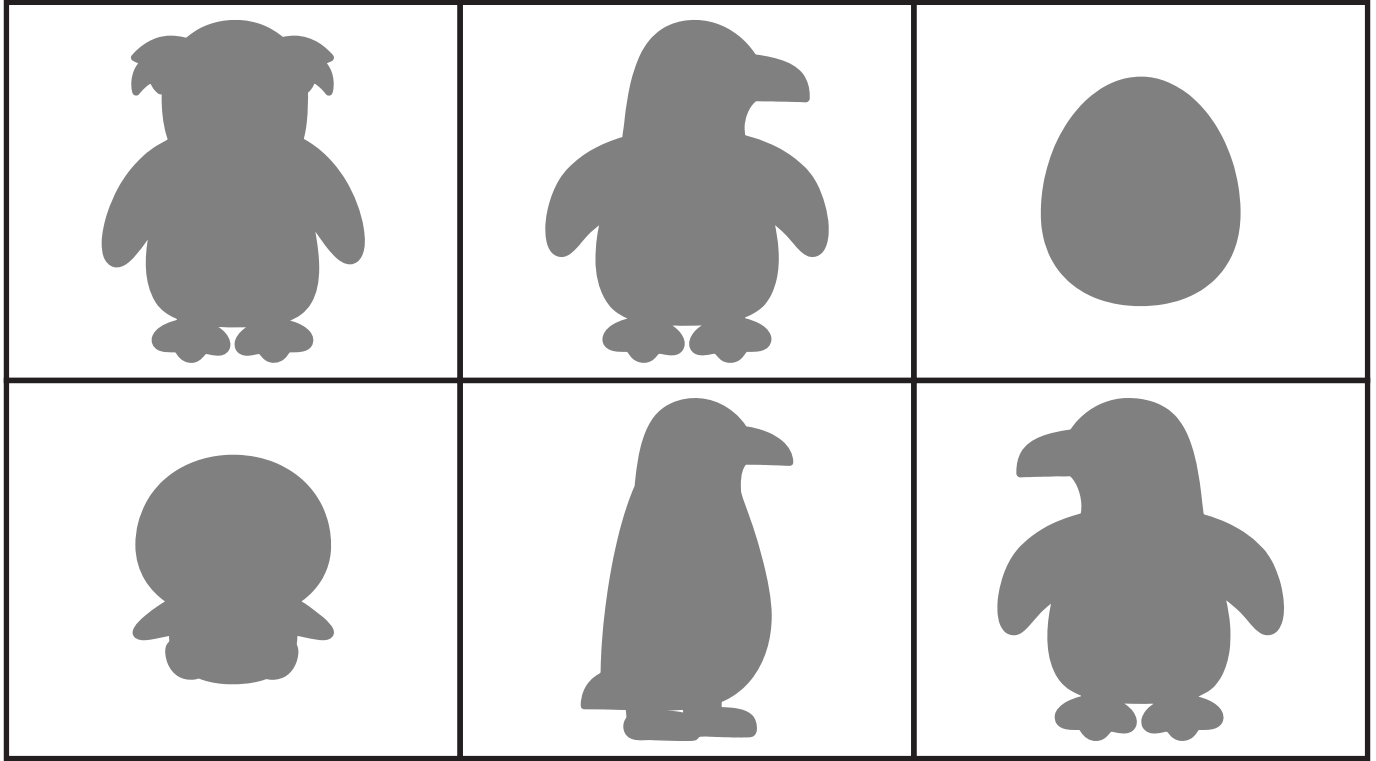
Day 1

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Penguin Shadows

Cut out the pictures and paste them on top of their matching shadows.



Name:

Day 3

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Help the Penguin Find Food

Use different colors to trace the way from the penguin to the different food that it eats.

The maze consists of four distinct paths starting from a penguin at the bottom left. Each path leads to a different food item: a squid (top left), a fish (center), a jellyfish (top right), and a shrimp (bottom right). The paths are made of continuous lines with various loops and turns, intended for children to trace with colored crayons.

Additional Resources

Polar Animals

Which picture is different?
Aa
-ag
P

Polar Animals Worksheets & Activities

Pre-Writing Practice 1
What is Different?
Letters in My Name
Lavinia Pop
Polar Animals Worksheets & Activities
Number Match 1
Lighting Sounds 1
Preschool
P

January

16 fine motor printable activities

MORNING TUBS

Lavinia Pop

Winter

Aa Bb Cc
1 3
4
and a n d
P

Winter PRESCHOOL Worksheets & Activities

Number Match 1
Cutting Fun 1
Sorting
Alphabet Tracing 1
Read and Color
Lavinia Pop
P

winter WORD WALL

large classroom cards | word lists for folders | word work pages

Winter
shovel
melt
hat
snowball
Lavinia Pop

January CALENDAR CARDS

cards for: January, Winter, days of the week, numbers 1-31

Winter
January
SUN
MON
Sunday
Monday
Lavinia Pop

penguins WORD WALL

large classroom cards | word lists for folders | word work pages

Penguins
chick
beak
slide
Macaroni penguin
Lavinia Pop

penguin fishing CENTER ACTIVITY

EDITABLE PDF FILE

can
Sight Word Search RECORDING PAGE
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