

heart words

SoR ALIGNED



MAPPING PRACTICE


40 High-Frequency Words

Name: _____


Heart Words: Mapping Practice Set 1 © Lavinia Pop 2025

said



Say it!  **said** Tap it!  ○ ○ ○



Map it! 


--	--	--

Built it! 

--	--	--

Heart it!  **said** Color it!  said



Trace it!  said Write it!  _____


 d ai s

Name: Lavinia


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that



Say it!  **that** Tap it!  ● ● ●



Map it! 

th	a	t
----	---	---

Built it! 

th	a	t
----	---	---

Heart it!  **that** Color it!  **that**

Trace it!  that Write it! 

that

Lavinia Pop

Set 1 - Pre-Primer Words

Thank you for downloading this product; I hope you will enjoy using it and that it will be a valuable resource for you! I value your feedback, so please don't hesitate to contact me if you have any concerns whatsoever as I will endeavour to address them. And if you like what I've done, please let me know by leaving feedback at my online store :)

Lavinia

lavinia@kinder-resources.com

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How to Use This Resource

Welcome to the Heart Word Mapping Practice Pack: Set 1, designed to help young learners build automatic word recognition using orthographic mapping and heart word instruction.

This pack supports the Science of Reading by helping students connect sounds to letters, identify tricky spelling parts, and develop fluent, confident reading.

Note: This set is based on the Dolch word list, as used in all of my sight word resources for consistency and curriculum alignment.

What Are Heart Words?

Heart Words are high-frequency words that students must know “by heart.”

Some words are fully decodable (like *can* or *run*), while others contain irregular parts (like *said* or *the*) that don’t follow typical spelling patterns.

This resource teaches students to decode what they can and learn irregular parts by heart, supporting both phonemic awareness and orthographic mapping.

What’s on Each Page?

Each worksheet is designed to build both decoding and automatic recognition of high-frequency words. Students will:

- Say It: Read the word aloud to build word awareness and oral language.
- Tap It: Tap each sound they hear in the word using fingers, counters, or pop-it fidget toys.
- Map It: Use the sound boxes to map each phoneme (sound). Remember: each sound gets one box, even if it's spelled with more than one letter.
- Build It: Cut and paste the letter tiles at the bottom of the page to spell the word.
- Heart It: Draw a heart above the part of the word that is irregular or must be learned by heart.
- Color It: Color in the bubble letters to reinforce visual memory.
- Trace It: Trace the word to practice correct letter formation.
- Write It: Write the word independently on the lines provided.

Tips for Use

- Use in small groups, whole class, or as independent literacy centers
- Provide chips, counters, or pop-it fidget toys for the “Tap It” section
- Have students circle heart parts in red or mark them with a heart
- Revisit completed words using a heart word wall or flashcards

Happy Teaching! :)

Heart Words List | Set 1

- | | |
|-----------|-----------|
| 1. a | 25. my |
| 2. and | 26. need |
| 3. are | 27. not |
| 4. at | 28. play |
| 5. away | 29. run |
| 6. big | 30. said |
| 7. can | 31. see |
| 8. come | 32. that |
| 9. down | 33. the |
| 10. find | 34. to |
| 11. for | 35. up |
| 12. funny | 36. we |
| 13. go | 37. went |
| 14. help | 38. with |
| 15. here | 39. where |
| 16. I | 40. you |
| 17. in | |
| 18. is | |
| 19. it | |
| 20. jump | |
| 21. like | |
| 22. look | |
| 23. make | |
| 24. me | |

Name: _____

and

Say it!

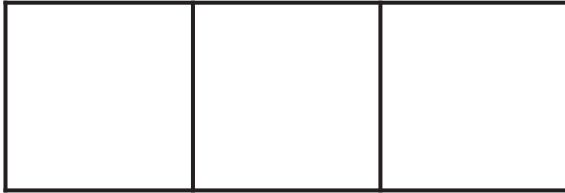


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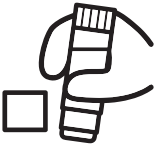
Tap it!



Map it!



Built it!



Heart it!



and

Color it!



and

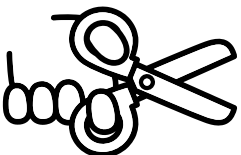
Trace it!



and

Write it!





d n a

Name: _____

look

Say it!

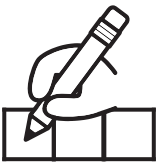


look

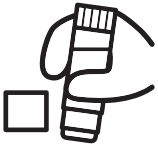
Tap it!



Map it!



Built it!



Heart it!



look

Color it!



look

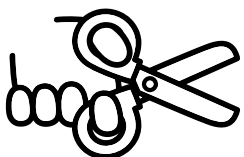
Trace it!



look

Write it!





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Name: _____

the

Say it!

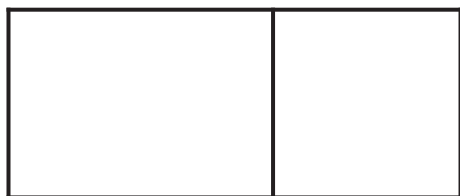


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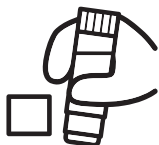
Tap it!



Map it!



Built it!



Heart it!



the

Color it!



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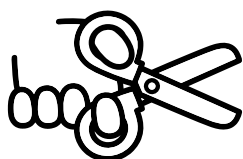
Trace it!



the

Write it!





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Name: _____

with

Say it!

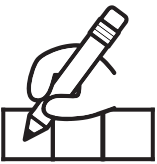


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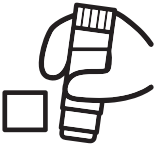
Tap it!



Map it!



Built it!



Heart it!



with

Color it!



with

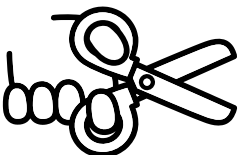
Trace it!



with

Write it!





w

th

i