

q-tip painting

FINE MOTOR ACTIVITIES

60 Designs • January to December



Lavinia Pop

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Lavinia

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ILLUSTRATIONS Kari Bolt, Little Red, Dancing Crayon Designs, Whimsy Clips, PartyHead Graphics, Ramona Majdis, Zip-a-Dee-doo-dah-Designs, Bunny on a Cloud, Krista Wallden - Creative Clips, Creating4 the Classroom, Rainbow Sprinkle Studio - Sasha Mitten

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PRINTING TIP This resource is designed for A4 paper. If you are printing on US Letter or another paper size, select "Fit to page," "Shrink to printable area," or a similar option in your printer settings. Check the print preview to ensure that no content is cut off.

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Fine Motor Q Tip Painting

Build fine motor control, cotton swab grip, hand and eye coordination, and visual motor skills with these engaging seasonal dot painting activities. Children dip cotton swabs into paint and dab the circles to complete each picture and its dotted word label.

What's Included

- 60 picture designs across seasonal, holiday, and everyday themes
- An alternative ladybird page, for a total of 61 activity pages
- Large pictures outlined with small circles for cotton swab painting
- Dotted word labels for additional painting practice
- Black and white pages for easy printing

Seasonal Themes

- January: snowflake, penguin, mitten, winter hat, snow boot
- February: heart, flower, cupcake, tooth, cloudy weather
- March: clover, rainbow, pot of gold, Irish hat
- April: flower, umbrella, ladybug or ladybird, butterfly, chick, rabbit
- May: flower, duck, hot air balloon, tree, piñata
- June: fish, dolphin, whale, turtle, jellyfish
- July: sun, cap, popsicle, watermelon, beach ball
- August: apple, pencil, scissors, crayon, dog
- September: leaf, acorn, squirrel, hedgehog, football
- October: pumpkin, cat, duckling, sheep, fire extinguisher
- November: turkey, Pilgrim's hat, Mayflower, corn, poppy
- December: present, gingerbread man, star, stocking, ornament

How to Prepare and Use

Print the selected activity pages on paper or cardstock. Provide cotton swabs and small amounts of washable paint in shallow containers or a paint palette. Demonstrate how to dip the cotton tip lightly into the paint, press it onto a circle, and lift it straight up to create a dot.

Children dab the circles in the picture and then paint the dotted word below. Encourage them to hold the page steady with their other hand. Provide a separate cotton swab for each color. Children can choose their own colors or alternate colors to create simple patterns.

Use the activities in fine motor centers, art centers, small groups, seasonal learning stations, or supervised activities at home. For children who need a shorter task, complete the picture and word in separate sessions.

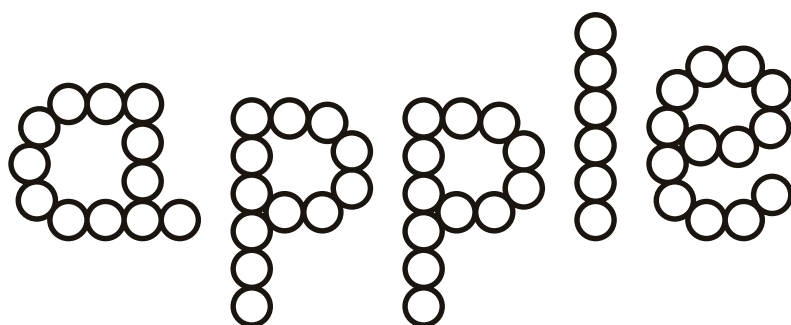
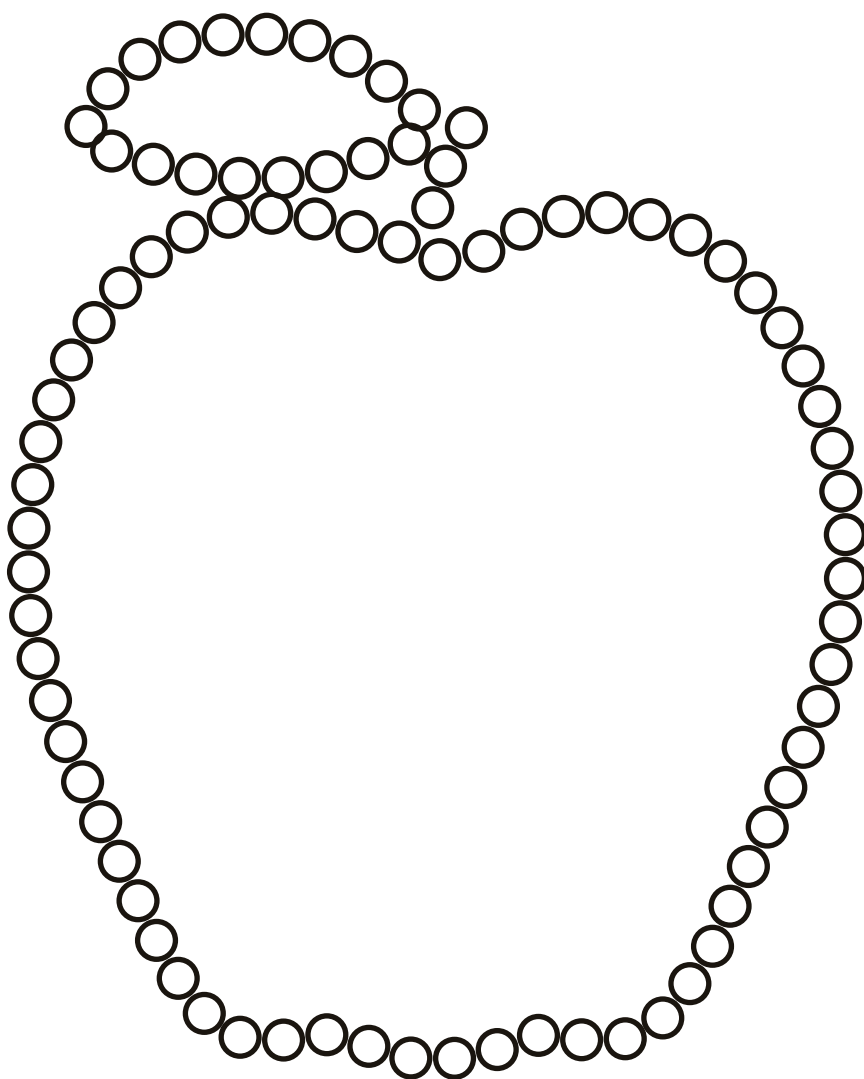
Skills Practiced

- Hand and finger control
- Cotton swab grip and control
- Hand and eye coordination
- Precise placement and controlled movements
- Visual attention and concentration
- Color recognition
- Vocabulary and awareness of printed words

Happy Teaching! :)

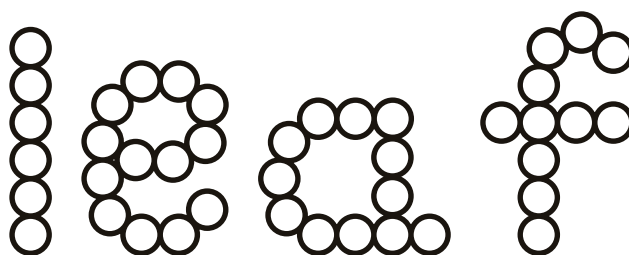
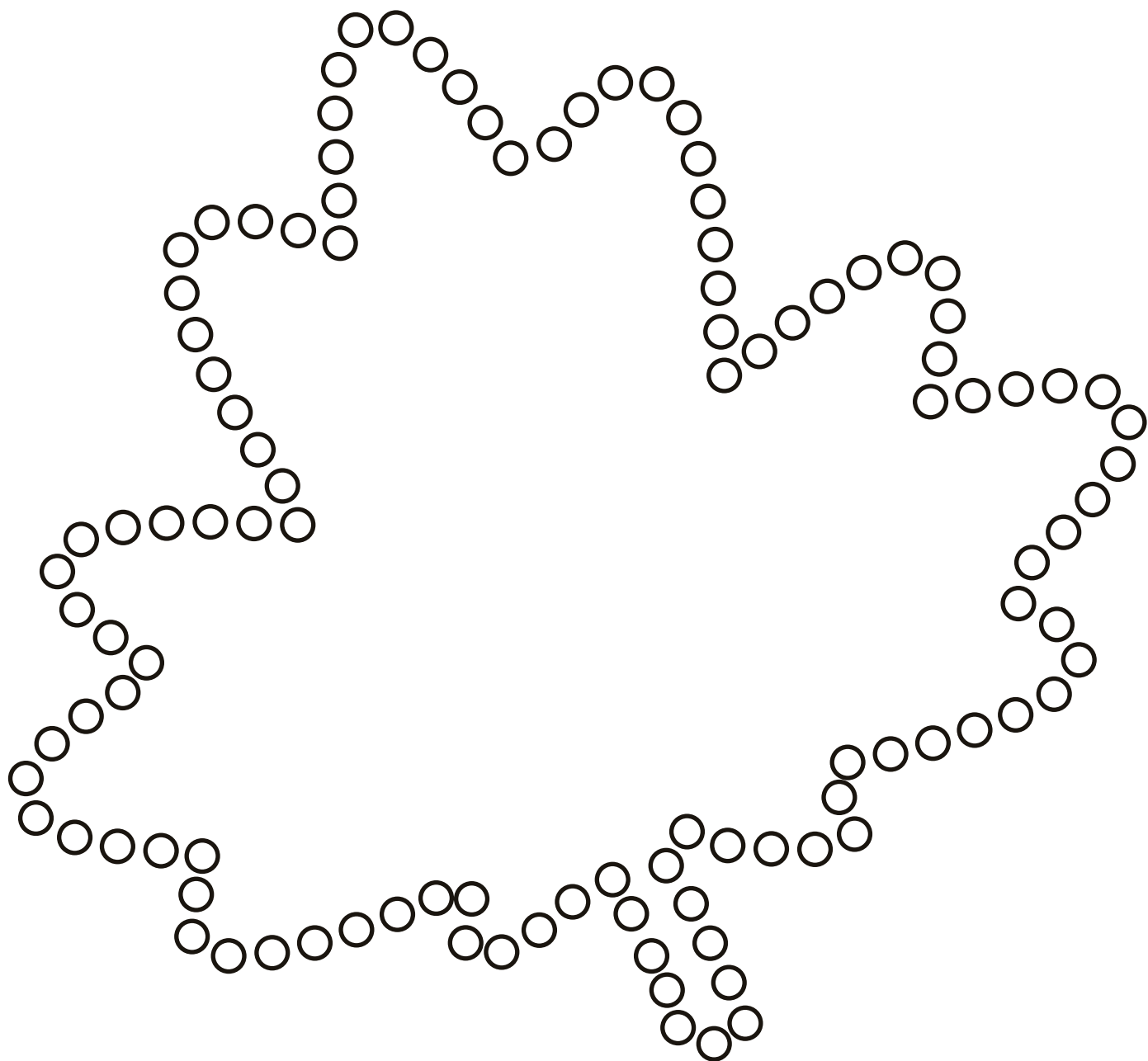
Name: _____

I can dot paint... an apple



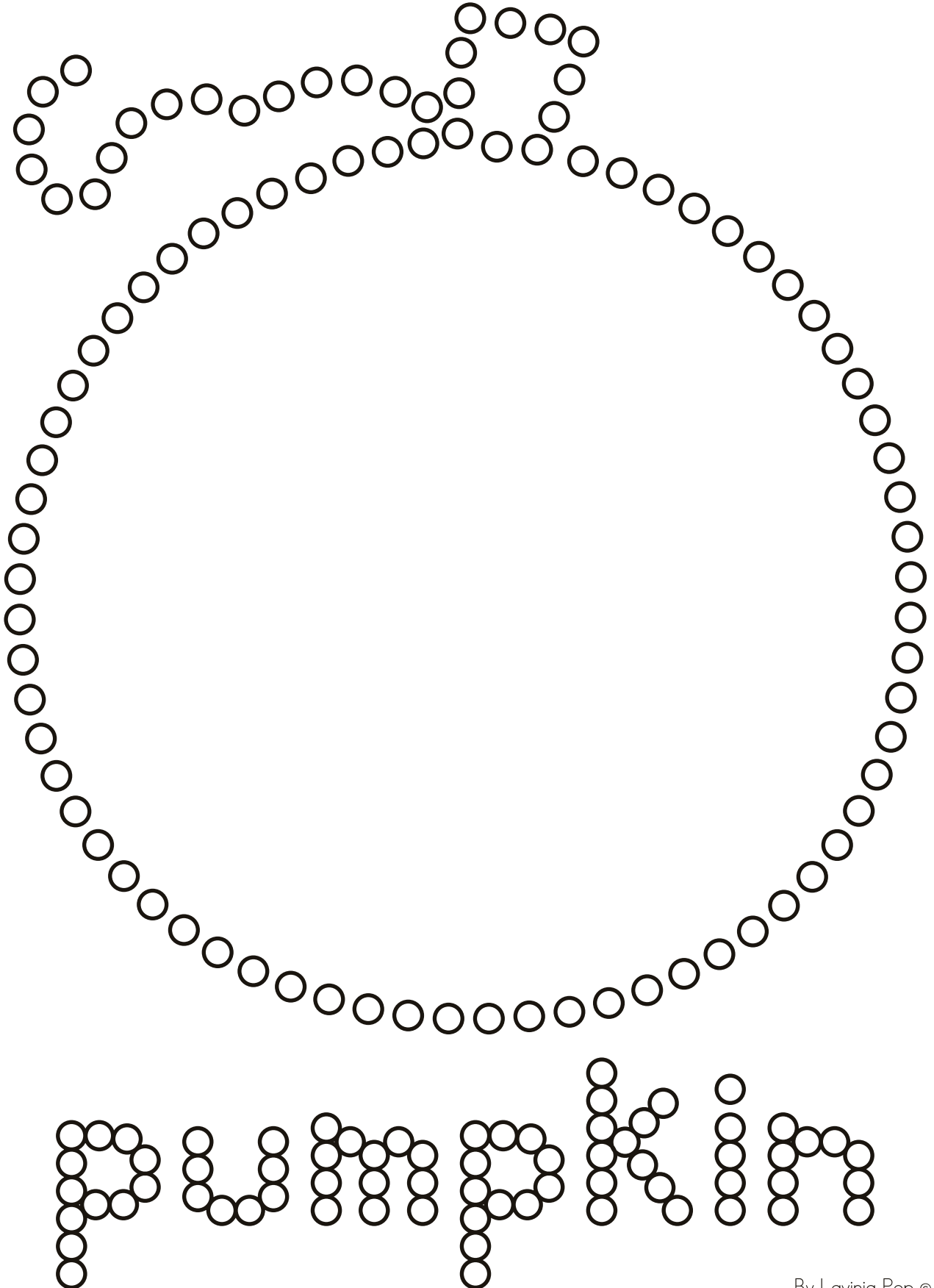
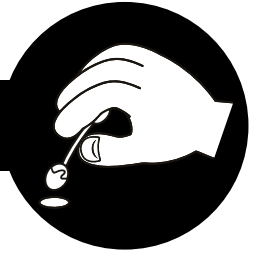
Name: _____

I can dot paint... a leaf



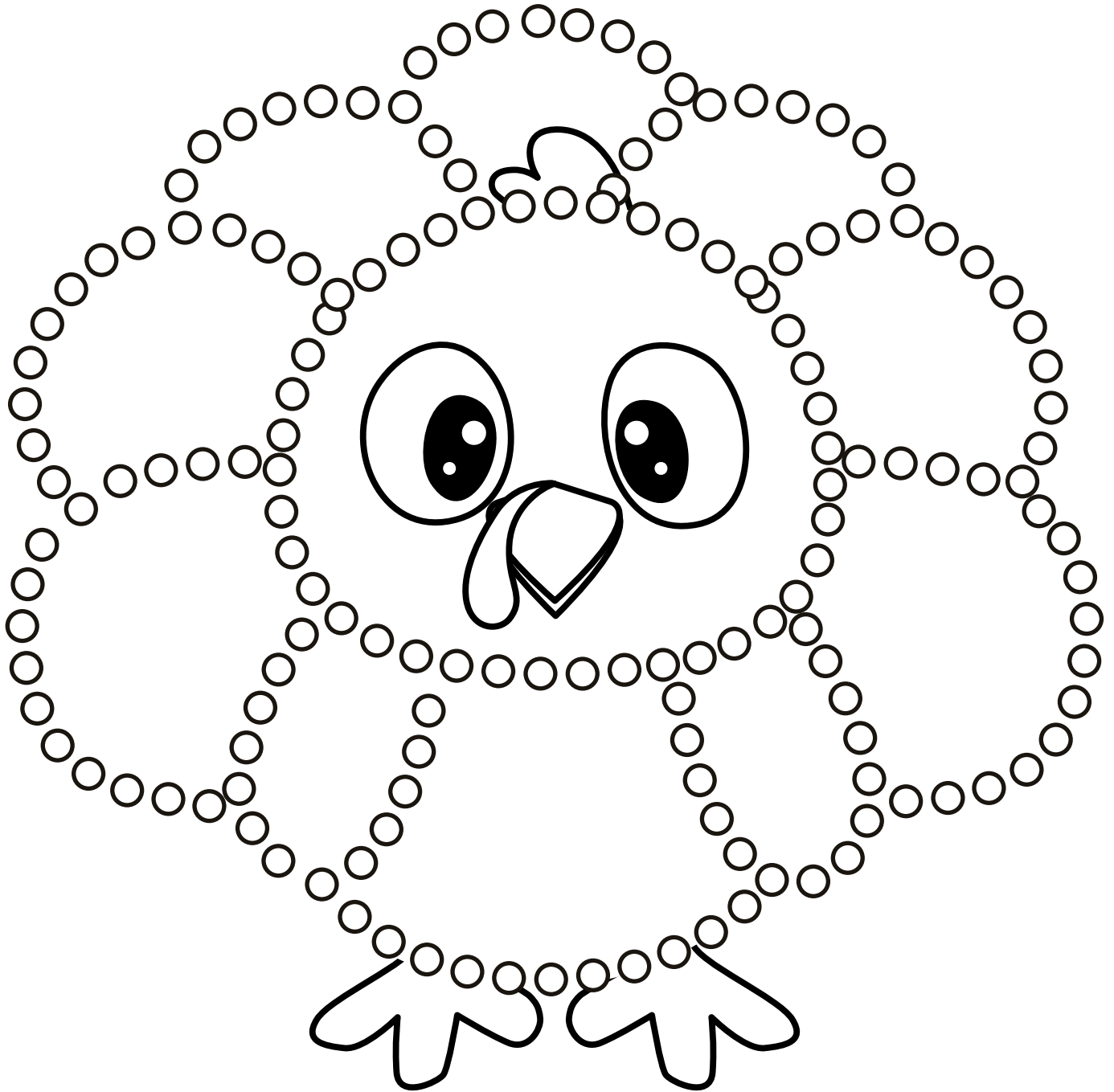
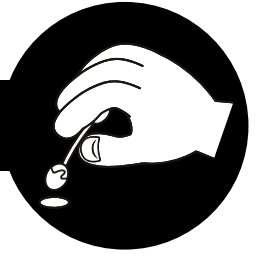
Name: _____

I can dot paint... a pumpkin



Name: _____

I can dot paint... a turkey



turkey

Name: _____

I can dot paint... a present

